



Annual Report 2021-2022



THE
FOOD SHARING
PROJECT

Providing healthy food to students.





A message from the Chair

Dearest friends of The Food Sharing Project,

The COVID-19 pandemic continued to drive our work during the 2021-2022 school year. The amount of food requested by school coordinators increased steeply week over week, although their orders continued to consist of single-serve items and apples, oranges and bananas. The only school closure occurred in January 2022 and during that time, we activated the home delivery program and delivered nutritious food boxes to over 850 families in two weeks. Truly a monumental accomplishment thanks to our staff and dedicated volunteers!

With one in seven families in KFL&A experiencing food insecurity, our Board continued to do what we could to support their efforts to feed their family. We approved a partnership with Lionhearts, another local non-profit dedicated to providing good food in the community, to deliver a weekend food box to fill the gap when students no longer had access to nutritious food at school. From April to June 2022, 450 families received a hearty food box on their doorstep and our summer program supported an equal number of families.

There are challenges and exciting opportunities ahead in the coming year. We look forward with great anticipation to the possibility of a National School Food program and the upcoming ban on single-use plastics such as spoons, will push us to find more sustainable options. As the volume of food packed and delivered from our warehouse continues to sky-rocket, we are busting at the seams and looking carefully for operational efficiencies.

There is no doubt that it takes a community to feed a child; a community of amazing donors, volunteers, Board members and staff. The impacts of the pandemic will be with us for a long while and I am confident that this community will continue to ensure that The Food Sharing Project can provide nutritious food for students so they can take advantage of everything that school offers them.

Warmly,

Brenda Moore

Chair, Board of Directors





Tanis Fairley Retirement

In December 2021, after 34 years of dedicated service, Tanis Fairley stepped down from her very active role on our Board. As one of members of that first Board, Tanis quickly became a champion as a Director, then Chair and Past Chair. To fill funding gaps, Tanis was the driving force behind our Talents and Treasures Auction which raised \$350,000 over its 19-year history. We extend our deep appreciation to Tanis for her unquestionable devotion to improving the lives of students across KFL&A.



Prepared food pilot project

As a response to the pandemic's shift away from nutritious prepared meals, The Food Sharing Project received a grant from the Community Foundation for Kingston & Area to pilot a project providing freshly made wraps and pasta salads to schools. Twelve schools were involved in the project, from April to June 2022, including large, small, urban and rural schools. Jobwell Social Enterprises was contracted to prepare the food, and daily, FSP staff picked up the food at Jobwell in insulated coolers and added them to the weekly delivery routes.

The students loved the food, and the school coordinators did as well, knowing that they could easily provide healthy prepared food in an environment with food preparation restrictions as a result of the pandemic and limited school capacity and facilities.

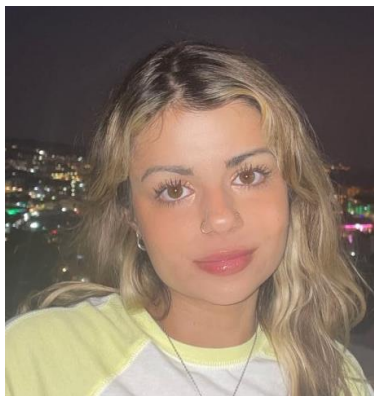




Celebrating 35 years 1986-2021

It all started with a box of oranges...Over 35 years ago, with the help of a downtown church, a local school offered an “orange program”, provided out of the trunk of a car, for students who struggled at school as a result of lack of nutrition and two other schools offered breakfast to 50 students daily. In 1984, the Social Issues Committee of the United Church Presbytery looked into nutrition gaps in three schools and created an organization to provide breakfast food more widely in the school system.

The first Food Sharing Board was organized in 1985 by the Kingston Presbytery of the United Church, and the organization was incorporated on Dec. 19, 1986, as the *Frontenac Food Sharing Project*. In the summer of 1985, the new Board met with Sisters from the Religious Hospitalliers of St. Joseph who offered space at the Partners in Mission Food Bank and we continued that arrangement until 2018 when we moved to our current location. From those humble beginnings, look at us now! 50 students daily to approximately 2000 or 10,000 meals a week!



Macy – our Summer Student Rock Star

In summer 2022, we hired Queen’s University student, Macy Briand to oversee and organize our summer family food box delivery program. Macy worked with staff and many volunteers to organize packing schedules, map out delivery routes, and supervise high school volunteers. Macy took many calls from families looking for food support in the summer, when they could no longer rely on in-school meal and snack programs. Macy did it all, even loading vans and driving throughout Kingston and beyond, delivering hundreds of food boxes directly to families in need.

This summer, The Food Sharing Project was able to provide over **1800** food boxes valued at **\$63,600**, plus provided healthy snack to summer literacy camps.



Accomplishments

- We overhauled our **website** with a new look and better information
- We invested in new computer **technology** in our office
- We started moving to an **online donor management** system, through CanadaHelps
- Due to increased volume, we **added a half-day delivery route** and part-time driver in spring 2022
- **Brian Cassidy** was hired as Warehouse Assistant in September 2021
- Board of Directors adopted a new 3-year Strategic Plan in August 2022

Stats and facts

- 450 boxes of food packed every week by over a dozen volunteers
- 600+ kms travelled across KFL&A delivering food right to the doors of 88 schools
- 10,000 meals and snacks provided every week



We continue to rely on our partnership with **Jobwell Social Enterprise** (previously VOCEC). Jobwell employs adults living with mental illness in a variety of initiatives. The Food Sharing Project knows that we can count on a core group of associates every week to complement our team of volunteers packing food boxes. This past year, we leaned heavily on our Jobwell workers as packing shifts extended with increased volume. We also hired Jobwell workers in the summer, packing food boxes, and assisting our delivery drivers on the biggest delivery routes.



Financial Statements

Statement of Financial Position as at August 31, 2022

Statement of Financial Position as at August 31, 2022	
Assets	
Current Assets incl. Cash	\$ 361,780
Investments	\$ 851,041
Equipment less Depreciation	\$ 78,596
	\$ 1,291,417
Liabilities	
Current Liabilities incl. Deferred Rev.	\$ 36,139
Net Assets	
Internally Restricted	\$ 1,176,682
Invested in Capital Assets	\$ 78,596
	\$ 1,291,417

Financial highlights and notes

- Additional one-time grants were received from federal and provincial governments as COVID support, totalling \$ 247,862
- Over \$250,000 was donated or raised by others for The Food Sharing Project.
- Food and milk expenses rose over 40% from 2020-21, a combination of price increases and a significant increase in demand for healthy food at schools.

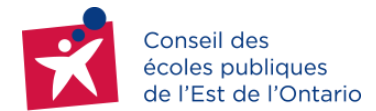
Statement of Operations Year Ended August 31, 2022

Statement of Operations Year Ended August 31, 2022	
Revenues	
Grants	\$ 853,572
Donations	\$ 233,102
Investment income (net)	\$ (28,461)
Special events and other	\$ 23,324
Other incl deferred contributions	\$ 3,000
	\$ 1,084,537
Expenses	
Food	\$ 660,723
Salaries and benefits	\$ 145,181
Milk	\$ 87,563
Summer Program	\$ 75,226
Amortization	\$ 36,199
Rent	\$ 26,881
Vehicle and Travel	\$ 18,198
Office and administration	\$ 15,281
Paper Products	\$ 15,184
Professional Fees	\$ 13,664
Equipment and repairs	\$ 10,681
Subcontracts	\$ 8,396
Board Insurance	\$ 5,208
Utilities	\$ 5,073
Board Expenses	\$ 4,853
Repairs and Maintenance	\$ 4,065
Telephone	\$ 1,242
Delivery	\$ 843
Professional development	\$ 691
Travel	\$ 212
	\$ 1,135,464
Excess (or deficiency) of revenue over expenses	\$ (50,927)



SUPPORTERS and PARTNERS

We are thankful to our many donors and partners who helped us get healthy food to students at school, and to families at home, during 2021-2022. Whether it was by providing funding, providing volunteers, or providing logistical support, we are truly grateful!



COBS Kingston *Doughnation Day*

For the second year in a row, COBS Bread Riocan Kingston dedicated their annual fundraiser, *Doughnation Day*, to The Food Sharing Project. Donations from customers leading up to the day, and \$2 from each pack of Hot Cross Buns on *Doughnation Day*, led to COBS Kingston raising the most of any COBS franchise in Canada! This was matched by the owners of COBS Bread, the Gillespie family, resulting in a **spectacular donation of \$34,796.**





Contact

STAFF



Andy Mills
Executive Director



Dave Mortensen
Warehouse Manager



Brian Cassidy
Warehouse Assistant



Garrett Cole
PT Delivery Driver

Accountant: Gillian Moss, CPA *Auditor:* Adam Young, CPA, CA, Secker Ross & Perry LLP

BOARD OF DIRECTORS

2021-2022

Brenda Moore, Chair
Cathy Summers, Secretary
Lisa Bickerstaffe
Janice Ezard
Sy Golosky
Tom Gingrich, LDSB Trustee Rep
Amanda Guarino
Jessica Hrgetic, KFLA Public Health
Krista Johnston
Michael Murphy, ALCDSB Trustee Rep

2021-2022 Volunteers

We are so incredibly grateful to our warehouse volunteers who show up every week to pack hundreds of boxes of food. We quite literally couldn't do it without you, volunteers!

Thank you! Keri, Stephan, Cathy 1, Cathy 2, Beth, Mary Jane, Scott, and Joan.

..and our summer packers: Karen, Julie, Tola, John, Terry, Erin, Michaela and Dani. And high school helpers: Calen, Allen, Evan & Ben.



37 Rigney Street, Unit 4
Kingston, ON, K7K 6Z3

www.foodsharingproject.org

fsp@kingston.net

613-530-3514

[@FoodSharingProject](https://www.facebook.com/FoodSharingProject)

[@FoodSharingProj](https://twitter.com/FoodSharingProj)